

New Health Institute, Inc  
180 Newport Center Drive Suite 120  
Newport Beach, CA 92660  
Phone 949.644.6969 Fax 949.644.6959

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Drivers License # \_\_\_\_\_ Social Security# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Sex: \_\_\_\_\_ Birth Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Age: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Employer Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Occupation: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

*Who may we thank for referring you to our office?* \_\_\_\_\_

*Whom may we contact in the case of an emergency?*

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

*Who is your primary care physician?*

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

*If you are a minor or dependent, please provide us with your parent/guardian information:*

Name of Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_

*Who is financially responsible for your bill?* \_\_\_\_\_

I will be paying today with: Cash \_\_\_\_\_ Check \_\_\_\_\_ Credit Card \_\_\_\_\_

**We do not bill insurance.**

**Payment must be made at the time of services.**

We will provide you with a Super Bill that you can submit to your insurance provider for reimbursement.

**I understand and agree that, (regardless of my insurance status) I am ultimately responsible for the payment of all balances due for any professional/medical services or treatments rendered to me. I certify this information is true and correct to the best of my knowledge. I agree to notify New Health Institute of any changes in my status and the above information.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature (if minor): \_\_\_\_\_ Date: \_\_\_\_\_



**PATIENT MEDICAL QUESTIONNAIRE**

**MEDICATION STRENGTH AND DOSAGE:**

- |          |          |          |
|----------|----------|----------|
| 1. _____ | 4. _____ | 7. _____ |
| 2. _____ | 5. _____ | 8. _____ |
| 3. _____ | 6. _____ | 9. _____ |

**NUTRITIONAL SUPPLEMENTS:**

- |          |          |          |
|----------|----------|----------|
| 1. _____ | 4. _____ | 7. _____ |
| 2. _____ | 5. _____ | 8. _____ |
| 3. _____ | 6. _____ | 9. _____ |

**ALLERGIES TO MEDICATIONS, FOOD, ETC. (PLEASE DESCRIBE THE REACTION(S)):**

- |          |          |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

**HOSPITALIZATIONS/SURGERIES:**

Date	Reason
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____

**MAJOR ILLNESSES:**

Date	Reason
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____

Reviewed By: \_\_\_\_\_

Svetlana R. Stivi, M.D

\_\_\_\_\_ Date

**PATIENT MEDICAL QUESTIONNAIRE**

**FAMILY HEALTH HISTORY**

Please list any significant illnesses in your immediate family.

Relationship	Age if Living	Age if dead	State of health or cause of death
Mother			
Father			
Siblings			
Spouse			
Children			

**CHILDHOOD HISTORY**

Did your mother have problems during pregnancy with you? (Stress, illness, smoking, medication, alcohol) \_\_\_\_\_

Bottle Fed \_\_\_\_\_

Breast Fed \_\_\_\_\_

How Long \_\_\_\_\_

**CHILDHOOD ILLNESSES**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Colic           | <input type="checkbox"/> Bed Wetting             | <input type="checkbox"/> Thrush                   |
| <input type="checkbox"/> Allergies       | <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Persistent Diaper Rashes |
| <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Pneumonia               | <input type="checkbox"/> Hyperactivity            |
| <input type="checkbox"/> German measles  | <input type="checkbox"/> Ear Infections          | <input type="checkbox"/> Tonsillectomy            |
| <input type="checkbox"/> Eczema          | <input type="checkbox"/> Urinary Track Infection | <input type="checkbox"/> Mumps                    |
| <input type="checkbox"/> Bronchitis      | <input type="checkbox"/> Polio                   | <input type="checkbox"/> Learning Disability      |
| <input type="checkbox"/> Recurrent Colds | <input type="checkbox"/> Meningitis              | <input type="checkbox"/> Additional comments:     |

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**HOME LIFE AS A CHILD**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Loving        | <input type="checkbox"/> Peaceful      | <input type="checkbox"/> Fearful             |
| <input type="checkbox"/> Abusive       | <input type="checkbox"/> Educational   | <input type="checkbox"/> Lonely              |
| <input type="checkbox"/> Argumentative | <input type="checkbox"/> Single-parent | <input type="checkbox"/> Additional Comments |
| <input type="checkbox"/> Friendly      | <input type="checkbox"/> Stressful     |  |
| <input type="checkbox"/> Supportive    | <input type="checkbox"/> Loud          |  |

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Reviewed By: \_\_\_\_\_

Svetlana R. Stivi, M.D

\_\_\_\_\_

Date

# PATIENT MEDICAL QUESTIONNAIRE

## REVIEW OF SYSTEMS

(Please check current or recent symptoms/problems from the following list)

### GENERAL:

- |                                   |  |  |
|-----------------------------------|--|--|
| <input type="checkbox"/> Weakness | <input type="checkbox"/> Weight Change | <input type="checkbox"/> Fever                       |
| <input type="checkbox"/> Fatigue  | <input type="checkbox"/> Night Sweats  | <input type="checkbox"/> Sensitivity to heat or cold |

### SKIN:

- |                                  |   |
|----------------------------------|---|
| <input type="checkbox"/> Rashes  | <input type="checkbox"/> Changes in hair or nails         |
| <input type="checkbox"/> Itching | <input type="checkbox"/> Changes in color or pigmentation |

### HEAD:

- Headache
- History of head trauma

### EYES:

- |   |  |                                      |
|---|--|--------------------------------------|
| <input type="checkbox"/> Pain           | <input type="checkbox"/> Inflammation or Discharge | <input type="checkbox"/> Cataracts   |
| <input type="checkbox"/> Double Vision  | <input type="checkbox"/> Glasses                   | <input type="checkbox"/> Glaucoma    |
| <input type="checkbox"/> Blurred Vision | <input type="checkbox"/> Surgery                   | <input type="checkbox"/> Retinopathy |

### EARS:

- |  |                                    |   |
|--|------------------------------------|---|
| <input type="checkbox"/> Loss of Hearing | <input type="checkbox"/> Pain      | <input type="checkbox"/> Bleeding       |
| <input type="checkbox"/> Ringing         | <input type="checkbox"/> Discharge | <input type="checkbox"/> Postnasal Drip |

### MOUTH/THROAT:

- |  |                                     |  |
|--|-------------------------------------|--|
| <input type="checkbox"/> Sores         | <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Change in taste |
| <input type="checkbox"/> Bleeding Gums | <input type="checkbox"/> Dentures   |  |

### BREAST:

- |                                |  |
|--------------------------------|--|
| <input type="checkbox"/> Lumps | <input type="checkbox"/> History of Cancer |
| <input type="checkbox"/> Pain  | <input type="checkbox"/> Nipple Discharge  |

### RESPIRATORY:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Chest Pain        | <input type="checkbox"/> Trouble breathing when lying down                | <input type="checkbox"/> Hypertension               |
| <input type="checkbox"/> Wheezing          | <input type="checkbox"/> Waking up suddenly due to cessation of breathing | <input type="checkbox"/> Leg pain when walking      |
| <input type="checkbox"/> Cough             | <input type="checkbox"/> Shortness of breath at rest or on exertion       | <input type="checkbox"/> Heart Murmurs              |
| <input type="checkbox"/> Coughing Blood    | <input type="checkbox"/> Blueness of skin                                 | <input type="checkbox"/> History of Rheumatic Fever |
| <input type="checkbox"/> Phlegm Production | <input type="checkbox"/> Leg/Arm swelling                                 |   |

### GASTROINTESTINAL:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Change in appetite    | <input type="checkbox"/> Abdominal Enlargement | <input type="checkbox"/> Nausea                      |
| <input type="checkbox"/> Difficulty Swallowing | <input type="checkbox"/> Vomiting              | <input type="checkbox"/> Diarrhea                    |
| <input type="checkbox"/> Heartburn             | <input type="checkbox"/> Rectal Bleeding       | <input type="checkbox"/> Hemorrhoids                 |
| <input type="checkbox"/> Abdominal Pain        | <input type="checkbox"/> Black Stools          | <input type="checkbox"/> Need for Laxatives          |
| <input type="checkbox"/> Bleaching             | <input type="checkbox"/> Constipation          | <input type="checkbox"/> History of Hepatitis B or C |
| <input type="checkbox"/> Excess Gas            | <input type="checkbox"/> Jaundice              | <input type="checkbox"/> Vomiting Blood              |

### GENITOURINARY:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Urinary frequency or urgency | <input type="checkbox"/> Impotence                   | <input type="checkbox"/> Gonorrhea, Syphilis                |
| <input type="checkbox"/> Nighttime need to urinate    | <input type="checkbox"/> Loss of Libido              | <input type="checkbox"/> Contraception                      |
| <input type="checkbox"/> Blood in urine               | <input type="checkbox"/> Pain with Intercourse       | <input type="checkbox"/> Genital Herpes                     |
| <input type="checkbox"/> Incontinence                 | <input type="checkbox"/> Testicular Pain or Swelling | <input type="checkbox"/> Recurrent Urinary Tract Infections |

Reviewed By: \_\_\_\_\_  
Svetlana R. Stivi, M.D

\_\_\_\_\_  
Date

**PATIENT MEDICAL QUESTIONNAIRE**

**REVIEW OF SYSTEMS**

*(Please check current or recent symptoms/problems from the following list)*

**ENDOCRINE:**

- Goiter
- Prednisone treatment

- Diabetes
- Hypothyroidism

- Hyperthyroidism

**BLOOD/LYMPHATIC:**

- Anemia,
- Transfusions,

- Bleeding Tendency,
- Clotting Problems,

- Lymph Node Enlargement/Pain

**JOINTS/MUSCLE:**

- Muscle Cramps
- Muscle Weakness

- Joints Pain
- Swollen Joints

- Deformity of Joints

**NEUROLOGIC:**

- Fainting
- Abnormal Gait
- Seizures

- Speech impairment
- Loss of sensation
- Paralysis

- Memory Loss
- Depression
- Dizziness

**ALLERGIC HISTORY:**

- Sensitivity to foods
- Pollen
- Weeds
- Animals

- Chemicals
- Drugs or vaccines
- Eczema
- Asthma

- Hay Fever
- Hives

**IMMUNE SYSTEM:**

- Frequent colds
- Recurrent mouth sores

- Recurrent skin infections
- Shingles (Herpes Zoster)

- HIV (+)
- Frequent/prolong use of antibiotics

**GYNECOLOGIC HISTORY:**

- Pregnancies # \_\_\_\_\_,
- Deliveries # \_\_\_\_\_,
- Miscarriage # \_\_\_\_\_,
- Abortions # \_\_\_\_\_,
- Fibroids

- Hysterectomy
- PMS
- Irregular Periods
- Painful Periods
- Hormone Replacement Therapy

- Abnormal Mammogram test
- Abnormal PAP Smear Test
- Abnormal Bone Density test
- Date Last Period Began \_\_\_\_\_

**SCREENING TESTS:**

Procedure	Date	Results
Colonoscopy		
Sigmoidoscopy		
CXR		
Pap smear Test		
Mammogram Test		
Bone Density		
Stress Test		
EKG		
All body CT-scan		
Angiography		
Other		

Reviewed By: \_\_\_\_\_  
Svetlana R. Stivi, M.D

\_\_\_\_\_ Date

## LIFESTYLE QUESTIONNAIRE

### NUTRITION:

1. How many meals do you eat each day? \_\_\_\_\_
2. Do you usually eat breakfast? YES \_\_\_\_\_ NO \_\_\_\_\_
3. How many times per week do you eat out at restaurants? \_\_\_\_\_
4. How many sweets do you consume each day? \_\_\_\_\_
5. How many cups of coffee/black tea/cafeinated soft drinks per day do you drink? \_\_\_\_\_
6. How many glasses, bottles of water do you drink per day? \_\_\_\_\_
7. How many serving of fruits/vegetables do you eat per day? \_\_\_\_\_
8. Have you ever been diagnosed with Anorexia Nervosa or Bulimia? YES \_\_\_\_\_ NO \_\_\_\_\_
9. What percentage of your food consumption is organic? \_\_\_\_\_

### EXPOSURES:

1. Have you ever smoked? YES \_\_\_\_\_ NO \_\_\_\_\_ How much? \_\_\_\_\_ How Long? \_\_\_\_\_  
When did you quit? \_\_\_\_\_
2. Do you live or work closely with a smoker? YES \_\_\_\_\_ NO \_\_\_\_\_
3. Have you been exposed to industrial chemicals, pesticides, or other toxins? YES \_\_\_\_\_ NO \_\_\_\_\_
4. Approximately how many Mercury amalgam fillings do you have in your teeth? \_\_\_\_\_
5. Do you drink alcohol? YES \_\_\_\_\_ NO \_\_\_\_\_  
What kind? \_\_\_\_\_ How much? \_\_\_\_\_ How Often? \_\_\_\_\_
6. Do you use street drugs? YES \_\_\_\_\_ NO \_\_\_\_\_ What type? \_\_\_\_\_ How often? \_\_\_\_\_

### EXERCISES:

1. Do you exercise? YES \_\_\_\_\_ NO \_\_\_\_\_
2. What type of exercise do you do? \_\_\_\_\_
3. How often do you exercise each week and for how long is each session? \_\_\_\_\_

### SLEEP:

1. How many hours of sleep do you get each night? \_\_\_\_\_
2. Do you have trouble falling asleep? YES \_\_\_\_\_ NO \_\_\_\_\_
3. Do you awaken frequently during the night? YES \_\_\_\_\_ NO \_\_\_\_\_
4. Do you wake up feeling refreshed in the morning? YES \_\_\_\_\_ NO \_\_\_\_\_
5. Do you snore or hold your breath at night? YES \_\_\_\_\_ NO \_\_\_\_\_
6. Do your legs feel restless at night? YES \_\_\_\_\_ NO \_\_\_\_\_

### STRESS:

1. Do you often feel that there is not enough time to accomplish your daily tasks? YES \_\_\_\_\_ NO \_\_\_\_\_
2. Do you feel frustrated or angry by present personal or work circumstances? YES \_\_\_\_\_ NO \_\_\_\_\_
3. What level of stress do you consider yourself to be: LOW \_\_\_\_\_ MEDIUM \_\_\_\_\_ HIGH \_\_\_\_\_
4. Please describe ways that you cope with stress in your life: \_\_\_\_\_

### HOBBIES AND INTERESTS:

1. What are your hobbies or life interests? \_\_\_\_\_
2. Do you allow time to enjoy your hobbies and/or life interests? YES \_\_\_\_\_ NO \_\_\_\_\_

Reviewed By: \_\_\_\_\_

Svetlana R. Stivi, M.D

\_\_\_\_\_ Date

## A MESSAGE TO OUR PATIENTS ABOUT ARBITRATION

The attached contract is an Arbitration Agreement. By signing this agreement we are agreeing that any dispute arising out of the medical services you receive is to be resolved in binding arbitration rather a suit in court. Lawsuits are something that no one anticipates and everyone hopes to avoid. We believe that the method of resolving disputes by arbitration is one of the fairest systems for both patients and physicians. Arbitration agreements between health care providers and their patients have long been recognized and approved by the California courts.

By signing this agreement, you are changing the place where your claim would be presented. You can still call witnesses and present evidence. Each party selects an arbitrator (party arbitrators), who then select a third, neutral arbitrator. These three arbitrators hear the case. This agreement generally helps to limit legal costs for both patients and physicians. This is because the time to conduct an arbitration hearing is far less than for a jury trial. Furthermore, both parties are spared some of the rigors of trial and the publicity which may accompany judicial proceedings.

Our goal, of course, is to provide excellent medical care in such a way as to avoid any such dispute. We know that most problems begin with a lack of communication. Therefore, if you have any questions about your care or treatment plan, please ask us.



# PHYSICIAN-PATIENT ARBITRATION AGREEMENT

**Article 1: Agreement to Arbitrate:** It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently, or incompetently rendered, will be determined by submission to arbitration as provided by California law, and not by a lawsuit or resort to court processes except as California law provides for judicial review or arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional rights to have any such dispute decided on a court of law before a jury, and instead are accepting the use of arbitration.

**Article 2: All Claims Must be Arbitrated:** It is the intention of the parties that this agreement bind all parties whose claims may arise out of or related to treatment or service provided by the physician including any spouse or heirs of the patient and any children, whether born or unborn, at the time of the occurrence giving rise to any claim. In the case of any pregnant mother, the term "patient" herein shall mean the mother and the mother's expected child or children. All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the physician, and the physician's partners, associates, association, corporation or partnership, and the employees, agents and estates of any if them, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress or punitive damages. Filing of any court by the physician to collect any fee from the patient shall not waive the right to compel arbitration of any malpractice claim.

**Article 3: Procedures and Applicable Law:** A demand for arbitration must communicate in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days of a demand for a neutral arbitrator by either party. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees or witness fees, or other expenses incurred by a party for such party's own benefit. The parties agree that the arbitrators have the immunity of judicial officer from civil liability when acting in the capacity of arbitrator under this contract. This immunity shall supplement, not supplant, and other applicable statutory or common law. Either party shall have the absolute right to arbitrate separately the issues of liability and damages upon written request to the neutral arbitrator. The parties consent to the intervention and joinder in this arbitration of any person or entity which would otherwise be a proper additional party in a court action, and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration. The parties agree that provisions of California law applicable to health care providers shall apply to disputes within this arbitration agreement, including, but not limited to, Code of Civil Procedures Section 340.5 and 667.7 and Civil Code Sections 3333.1 and 3333.2. Any party may bring before the arbitrations a motion for summary judgment or summary adjudication in accordance with the Code of Civil Procedures. Discovery shall be conducted pursuant to Code of Civil Procedure section 1283.05; however, depositions may be taken without prior approval of the neutral arbitrator.

**Article 4: General Provisions:** All claims based upon the same incident, transaction or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be prescribed herein with reasonable diligence. With respect to any matter not herein expressly provided for, the arbitrators shall be governed by the California Code of Civil Procedure provisions relating to arbitration.

**Article 5: Revocation:** This agreement may be revoked by written notice delivered to the physician within 30 days, or signature. It is the intent of this agreement to apply to all medical services rendered any time for any condition.

**Article 6: Retroactive Effect:** If patient intends this agreement to cover services rendered before the date it is Effective as of the date of first medical services.

\_\_\_\_\_  
Patient's or Patient Representative's Initials

If any provisions in this arbitration agreement are held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision.

I understand that I have the right to receive a copy of this arbitration agreement and acknowledge that I have received a copy.

**NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.**

**A signed copy of this document is to be given to Patient. Original is to be filed in Patient's medical records.**

By: \_\_\_\_\_  
Physician or Authorized Representatives Signature.

*Svetlana R. Stivi M.D.*  
180 Newport Center Drive, Suite 120  
Newport Beach, CA 92660  
(949) 644-6969

By: \_\_\_\_\_  
Patient's or Patient Representative's Signature      Date

By: \_\_\_\_\_  
Print Patient's Name      Date

\_\_\_\_\_  
Medical Group or Association Name  
Print or Stamp Name of Physician.

**New Health Institute, Inc**  
180 Newport Center Drive, Suite 120  
Newport Beach, CA 92660  
Phone 949-644-6969 Fax 949-644-6959

## **STATEMENT OF PATIENT AWARENESS AND RESPONSIBILITY**

1. Please be advised that our services are intended to compliment those provided by your primary care physician; therefore all patients are urged to maintain their relationship with their primary care provider. As an Integrative Medicine consultant, Dr. Stivi is in the office by appointment only, and is not available to handle urgent or emergency situations. In the event of sudden illness or emergency, patients are expected to contact their primary care physician and/or go to the nearest emergency room.
2. I am aware that any therapy, no matter how well designed and carried out, may fail to alleviate my symptoms or have a direct improvement on my health.
3. I agree to make every effort to pursue the program mutually agreed upon with my physician.
4. I expect to be informed of those therapies most relevant to my condition, both conventional and alternative, realizing that I have the choice to accept, refuse, or terminate them at any point.
5. I understand that unforeseen difficulties may arise in the course of treatment.
6. I am responsible for seeking professional medical attention from Dr. Stivi or another facility for any worsening of my condition, including consideration of hospitalization, invasive procedures or treatment in the emergency room.
7. I am aware that many medical conditions require additional treatment and that follow-up visits are often necessary.
8. I understand that I may be referred to another physician for treatment. Full medical care is available to me, and I am aware that I will not be told to avoid seeing other physicians.
9. I consent to medical evaluation and treatment by the New Health Institute, Inc. I Understand that the New Health Institute, Inc. may recommend various methods to help me regain my health and those methods will be discussed with me.
10. There is no Doctor or nurse on call after hours, on weekends, or Holidays. Patients are expected to contact their primary care physicians or go to the nearest emergency room in case of emergency.

### **MY SIGNATURE BELOW CONSTITUTES CONSENT TO MEDICAL SERVICES:**

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**New Health Institute, Inc**  
180 Newport Center Drive, Suite 120  
Newport Beach, CA 92660  
Phone 949-644-6969 Fax 949-644-6959

## PATIENT FINANCIAL POLICY

*(Please read carefully before signing)*

1. There will be a \$35 charge for all returned checks. No third party checks are accepted.
2. Phone consultations are not billable to your insurance and payment is required at the time of the scheduled appointment.
3. Dr. Stivi may recommend laboratory work that will be performed by outside laboratories. If your visit includes lab tests, x-rays/scans, you will receive separate billing from the company performing the processing and evaluation of those tests; e.g., Hoag Hospital, Newport Imaging, Newport Diagnostics, Westcliff Labs, etc.
4. Please remember that you are financially responsible for all services rendered to you at the New Health Institute. You may wish to contact your insurance company directly should you have any concerns regarding insurance coverage for medical services rendered by an out of network provider. We will be happy to provide you a pro-form Super Bill if necessary.
5. To better serve all patients, our office requires at least one business day, at least 24 hours (exclusive of weekends and holidays) notice to cancel any follow-up office visit. New patient appointment cancellations require a 72 hours notice (exclusive of weekends and holidays); otherwise your credit card will be billed for the full amount of the initial consultation. This charge is directly payable by you and will not be submitted to your insurance company. It may be necessary to reschedule your appointment if you are late more than 20 minutes.
6. Payment for all supplements, IV's, treatments, and diagnostics is due at time of service. Most insurance companies do not cover these services. You have the right to refuse any service. Mail order supplements are sent via U.S. mail or UPS. Payment must be received before any items can be shipped to you.
7. There will be a minimum charge of \$30 for all letters that require review of medical records and/or typing on official letterhead (fees vary depending on the time required).
8. There will be a minimum charge of \$30 for all medical records copied (fees may vary depending on the amount of files and the time needed to copy them).

By signing below, you acknowledge that you have read, understand and agree to the above policies.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

New Health Institute, Inc  
180 Newport Center Drive, Suite 120  
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## PATIENT REQUEST FOR CONFIDENTIAL CHANNELS OF COMMUNICATION

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I understand that when Dr. Stivi must contact me regarding my appointment or for any other reason, she will contact me by telephone or by mail.

I hereby request to receive communications as follows:

1. By Telephone (please check all that apply)

- |                                     |                        |
|-------------------------------------|------------------------|
| <input type="checkbox"/> At Home    | Telephone Number _____ |
| <input type="checkbox"/> At Work    | Telephone Number _____ |
| <input type="checkbox"/> Cell Phone | Telephone Number _____ |
| <input type="checkbox"/> Other      | Telephone Number _____ |

When providing information by telephone, I hereby consent to the following:

- Leave message on my voicemail/answering machine for appointment reminder.
- Leave message on my voicemail/answering machine to call office back.
- Leave message on my voicemail/answering machine providing test/procedure information or results.
- Leave message with another person at this number for appointment reminder.
- Leave message with another person at this number to call office back.
- Leave message with the following person(s) providing test/procedure information or results.

Name of person and relationship to patient.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

2. by Mail

- At my home address: \_\_\_\_\_
- At my business address: \_\_\_\_\_
- Other address: \_\_\_\_\_

By Fax

- Fax Number \_\_\_\_\_

I certify that I am the patient or patient's personal representative and am authorized to sign this form.

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

If patients personal representative, attach a copy of legal authority.

New Health Institute, Inc  
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Phone 949-644-6969 Fax 949-644-6959

## ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I hereby acknowledge that I received a copy of this medical practice's Notice of Privacy Practices. I further acknowledge that a copy of the current notice will be posted in the reception area, and that I will be offered a copy of any amended Notice of Privacy Practices.

Print Name: \_\_\_\_\_

Signature \_\_\_\_\_

Date: \_\_\_\_\_

If not signed by the patient, please indicate relationship to patient bellow:

- Parent or guardian of minor patient
- Guardian or conservator of an incompetent patient.
- Beneficiary or personal representative of deceased patient.

Name of Patient: \_\_\_\_\_

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## AUTHORIZATION TO RELEASE AND DISCLOSE HEALTH INFORMATION

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I hereby authorize \_\_\_\_\_ to release and disclose the health information of the above named patient as described below to:

**Svetlana R. Stivi, M.D.**  
180 Newport Center Drive, Suite 120  
Newport Beach, CA 92660

I understand that the health information to be released, as described below, may include information concerning drug or alcohol abuse, mental health or HIV test results; and I specifically consent to the release and disclosure of any such information relating to drug or alcohol abuse, mental health, and HIV test results. I understand that this authorization does not apply to psychotherapy notes.

Health information to be released [Check all that apply]

- Entire Medical Record  
 Medical History  
 Diagnostic test results/reports  
 Surgical/Operative Reports  
 Other \_\_\_\_\_

This information may be used and disclosed for the following purposes:  
\_\_\_\_\_

This authorization is effective immediately and shall remain in effect until \_\_\_\_\_

I understand that I have the right to revoke this authorization at any time. I further understand that if I revoke this authorization, it will apply to information that has already been released pursuant to this authorization.

I understand that treatment, payment, enrollment or eligibility for benefits cannot be conditioned on my signing this authorization.

I understand that once information is released and disclosed pursuant to this authorization, unless protected under California law, it may be redisclosed by the recipient and the information may not be protected by federal privacy regulations.

I understand that I have a right to receive a copy of this authorization form after it is signed.

I certify that I am the patient or the patient's personal representative and am authorized to sign this form.

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

If patients personal representative, attach a copy of legal authority.

New Health Institute, Inc  
180 Newport Center Drive, Suite 120  
Newport Beach, CA 92660  
Phone 949-644-6969 Fax 949-644-6959

## CONSENT TO DISCLOSE PATIENT HEALTH INFORMATION TO FAMILY AND FRIENDS INVOLVED IN PATIENT CARE

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ SSN#: \_\_\_\_\_

I understand that Dr. Stivi will NOT disclose my protected health information to my family, friends or relatives except in emergency situations.

I understand that Dr. Stivi may disclose my protected health information to my family, friends or relatives that I identify who is directly involved in my care or payment of my care provided that I have an opportunity to agree or object to such disclosure.

The individual(s) named below is/are directly involved in my care and I would like these individual(s) to give and receive information from Dr. Stivi regarding my medical condition and treatment. Therefore, I hereby consent, agree and authorize Dr. Stivi to disclose my protected health information to the following individual(s) who is/are involved in my care or in the payment of my care:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

I understand that by consenting to the disclosure of my protected health information to the individual(s) named above, all my personal information relevant to my care and treatment may be disclosed including, but not limited to, my medical history, my medical condition, diagnostic tests performed and their results, laboratory results, surgical procedures and other personal information given to, or discussed with, my physician.

This consent to disclose my protected health information applies to: (check the appropriate box)

Health information to be released [Check all that apply]

- This visit only
- All visits at which the individual(s) named above is/are present
- All communications with the individual(s) named above including information provided in person, by e-mail, by telephone, or by mail.

This consent is effective immediately and shall remain in effect until I revoke it. I understand that I have the right to revoke this consent at any time by providing written notice to Dr. Stivi. I further understand that I am NOT required to sign this form in order to receive treatment, and that I am voluntarily requesting and consenting to Dr. Stivi to disclose my protected information to the individual(s) named above.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Witness Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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### A MESSAGE TO OUR PATIENTS ABOUT OUR CANCELLATION POLICY

At New Health Institute we try to provide our clients with prompt appointments and accessible hours. Because of this goal, we ask that you kindly give our office 24 hours notice prior to canceling a scheduled appointment. Please be aware that we are instituting \$ 110 service charge for failure to provide adequate notice of cancellation. This service will be automatically billed to your account or credit card.

Our office strives to provide the best personalized care available for our clients. Thank you for your understanding and feel free to refer any questions to our competent staff members.

I hereby agree to and will abide by the New Health Institute cancellation policy.

Patient Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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### AUTHORIZATION TO BILL CREDIT CARD

It is the practice of this office to require payment in full at the time of service. Since our Business Office is not opened evening and weekends, we are requesting that our patients give us permission to process their credit card on the next business day for services rendered.

By signing below, you acknowledge that you have given us authorization to process your credit card in your absence as needed to pay for products purchased or treatment received by you at our clinic.

CREDIT CARD NUMBER: \_\_\_\_\_

EXPIRATION DATE: \_\_\_\_\_

YOUR NAME AS IT APPEARS ON THE CARD: \_\_\_\_\_

YOUR SIGNATURE: \_\_\_\_\_ TODAY'S DATE: \_\_\_\_\_